

Flight Log Book

NAME

Date									
Model number									
Preparation									
Starting									
Pit safety									
Pre-flight checks									
Take-off / launch									
Climb-out									
Trimming									
Straight & level									
Left circuit (race track)									
Right circuit (race track)									
Figure of eight									
Rectangular circuit									
Procedure turn									
Height gain / height loss									
Rudder turning									
Inside loop									
Outside loop / bunt									
Rolls left									
Rolls right									
Immelman turn / roll off									
Reversal / split S									
Stall & recovery									
Inverted flight									
Snap (flick) rolls									
Cuban Eight (rolls down)									
Consecutive manoeuvres									
Landing circuit									
Landing approach									
Overshoot									
Landing (powered)									
Landing (dead-stick)									
Landing (crosswind)									
Precision in flight									
In-flight awareness									
Emergency reactions									
Post-flight safety checks									
Field safety rules									
BMFA safety codes									
Theory									
Duration									
Instructor's initials									

Model 1.	Model 2.	Model 3.
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- Grade A:** Does not require supervision; student is very proficient in performing the manoeuvre.
- Grade B:** Needs very little supervision; student is usually proficient in performing the manoeuvre.
- Grade C:** Additional practice needed; student is sometimes successful but inconsistent in performing the manoeuvre.
- Grade D:** Training required; student cannot perform manoeuvre successfully.